

Cafe on J. Daily Menu

DAILY SPECIALS

Week 3

SUNDAY	Chicken Philly Sandwich
MONDAY	Meatball Parmesan Sub
TUESDAY	Grilled Reuben Sandwich
WEDNESDAY	Cranberry Turkey and Brie Panini

THURSDAY	Chicken Parmesan Sub
FRIDAY	Da Club Sub
SATURDAY	BBQ Chicken Wrap

Available from **11:00 AM – 2:00 PM**
or While Supplies Last!

EMBERS

Cheeseburger
Chicken Sandwich
Grilled Cheese
Chicken Tender
French Fries

BASIL & THYME

Pepperoni Pizza
Cheese Pizza

HEARTH & RYE

Tuna Sandwich
Egg Salad Sandwich
Turkey BLT Sandwich
Greek Salad
Cheese & Grape

KITCHEN CRAFTED

Cookies
Cheesecake
Assorted Pies
Brownies
Overnight Oats

THE GREENHOUSE

FRESH GREENS
Salad Bar

SOUPS

MONDAY
Beef Barley Soup
Florentine Minestrone Soup
TUESDAY
Menudo
Creamy White Bean Soup
WEDNESDAY
Turkey Noodle Soup
Wisconsin Cheese Soup
THURSDAY
Chicken Orzo Soup
Baked Potato Soup
FRIDAY
New England Clam Chowder
Cream of Cauliflower Soup

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661.949.5084

[AVH Menu](#)

<https://morrisoncafes.compass-usa.com/AVH>



Protein:

Caribbean Jerk Pork Roast | Cal. 150 | 4 oz

Blackened Tilapia | Cal. 140 | 1 ea

Cuban Mojo Impossible | Cal. 150 | 4 oz

Base:

Yellow Rice | Cal. 250 | $\frac{3}{4}$ cup

Sides:

Curry Roasted Cauliflower | Cal. 110 | 4 oz

Braised Cabbage | Cal. 40 | 4 oz

Plantain | Cal. 250 | 4 oz

Toppings:

Island Sweet & Spicy Mango Slaw | Cal. 60 | 4 oz

Pickled Onions | Cal. 20 | 1 tbsp

Green Onion | Cal. 5 | 1 tbsp

Sauce:

Jamaican Jerk Sauce | Cal. 210 | 2 oz

Tuesday, November 18th 2025

VERDE



Fresh Latin Kitchen

Tortilla:

Flour Tortilla | Cal. 200 | 1 ea

Wheat Tortilla | Cal. 180 | 1 ea

Protein:

Fajita Spiced Chicken | Cal. 220 | 4 oz

Taco Meat | Cal. 230 | 4 oz

Cheese Enchiladas (Vegetarian Entrée)

Side:

Cilantro Lime Rice | Cal. 140 | ½ cup

Black Bean | Cal. 70 | ½ cup

Grilled Pepper & Onion | Cal. 45 | ½ cup

Mexican Street Corn Salad | Cal. 170 | ½ cup

Salsas:

Salsa Verde

Salsa Roja

Pico de Gallo | Cal. 15 | 2 oz

Top It Off:

Sour Cream | Cal. 45 | 1 oz

Jalapeno | Cal. 10 | 1 oz

Cheddar Cheese | Cal. 110 | 2 tbsp

Shredded Lettuce | Cal. 10 | 2 oz

Add-on:

Guacamole | Cal. 60 | 2 Oz | +\$1.00

Wednesday, November 19th 2025



Protein:

Baked Chicken Wings | Cal. 300 | 4 ea

Fried Chicken Wings | Cal. 390 | 4 ea

Chimichurri Mushroom Steak | Cal. 180 | 1 ea

Side:

Smoked Gouda Mac & Cheese | Cal. 350 | $\frac{3}{4}$ cup

Steak Fries | Cal. 130 | 4 oz

Cornbread | Cal. 230 | 1 ea

Carrot & Celery Sticks | Cal. 30 | 1 serving

Blue Cheese Slaw | Cal. 110 | $\frac{1}{2}$ cup

Sauce:

Thai Chili Sauce | Cal . 140 | 2 floz

Memphis BBQ Sauce | Cal. 150 | 2 floz

Spicy Garlic Buffalo Wing Sauce | Cal. 210 | 2 floz

Ranch Dressing | Cal. 280 | 2 floz

Blue Cheese Dressing | Cal. 310 | 2 floz

2000 calories a day is used for general nutrition advice, but calorie needs vary.

Additional nutrition information available upon request.

Thursday, November 20th 2025



THE SMOKEHOUSE

BBQ TO GET YOU FIRED UP

Protein:

Texas Barbecue brisket | Cal. 310 | 4 oz
Kielbasa Sausage | Cal. 370 | 4 oz
Blackened Tofu Steak | Cal. 100 | 4 oz

Sides:

Baked Bean | Cal. 140 | ½ cup
Baked Potato Chips | Cal. 300 | 4 oz
Mashed Potato | Cal. 100 | ½ cup
Corn with Pimento | Cal. 80 | ½ cup
BBQ Carrots | Cal. 80 | ½ cup

Cold Salad:

Tomato & Cucumber Salad | Cal. 30 | ½ cup

Make Is Saucy:

Carolina Gold Bbq Sauce | Cal. 120 | 2 floz
Classic Bbq Sauce | Cal. 110 | 2 floz

Topping:

Pickled Red Onions | Cal. 20 | 1 tbsp
Sliced Jalapeno | Cal. 5 | 1 tbsp



Protein:

Filipino Pork | Cal. 380 | 1 plate
Adobo Chicken & Rice | Cal. 390 | 1 plate
Pancit Bihon

Base:

Garlic Fried Rice | Cal. 100 | ½ cup
Jasmine Rice | Cal. 180 | ¾ cup

Vegetable:

Stir Fried Bok Choy | Cal. 20 | ½ cup
Pickled Daikon Radish & Carrot | Cal. 10 | ½ cup
Cabbage Slaw with Mint | Cal. 90 | 4 oz

Add-on:

Vegetable Pot Stickers | Cal.130 | 4 ea